

## **End of Life Resources**

### **Compiled by the West Shore Pastoral Care Team**

This list of resources was developed based on requests from West Shore members. Members of the Pastoral Care Team reviewed the literature and developed this list for your use.

The resources are available online. You can go directly to the link by clicking on **Click here** under each document's description. You must download a copy of the document and save it to your computer and use it that way, or print the document and use the paper document. If you download the document, do not make changes until you save the document to your computer as the changes will not be saved. The documents cover a variety of topics, and the length of the document is listed, in case you are printing one or more. They are listed by subject area below and include the document's number of pages in case you will be printing it. The documents are from two websites: The Conversation Project and the Midwest Care Alliance.

#### **Starting the Conversation about End of Life Issues Documents**

1. Conversations That Light The Way - From the Midwest Care Alliance (16 pages) which guides advance care planning and lists questions you can answer to make your wishes known. Includes Ohio specific information. [Click here.](#)
2. Your Conversation Starter Kit - From the Conversation Project (11 pages) - which is a starter kit that covers some of the same topics as the above form, and includes additional questions to ask yourself. [Click here.](#)
3. Your Conversation Starter Kit (Dementia) - From Conversation Project (18 pages) – Starter Kit guides advance care planning and lists questions that the dementia patient and their caregivers can answer to make their wishes known. [Click here.](#)
4. Pediatric Starter Kit - From Conversation Project (14 pages) – Starter kit specifically designed to help parents of seriously ill children who want guidance about having this conversation with their children. [Click here.](#)

#### **How to Choose or be a Power of Attorney for Health Care Document**

1. Who Will Speak For You? - From the Conversation Project (15 pages) – Gives information and asks you questions on how to choose or be a good Healthcare Power of Attorney. [Click here.](#)

## How to Talk to your Doctor About End of Life Issues

1. How to Talk to Your Doctor - From Conversation Project (11 pages) – Reviews discussions you can have with your healthcare provider regarding End of Life Issues. [Click here](#).

## Ohio Forms for Living Will and Healthcare Power of Attorney

1. CHOICES – Living Will at the End of Life – From Midwest Care Alliance (48 pages) – contains the actual Healthcare Power of Attorney and Living Will forms that are used in Ohio. You can either consult an attorney to complete these forms or complete them yourself. If you choose to complete the forms yourself, **you must have two witnesses sign the document as indicated on the form.** [Click here](#).